

Cub Swimmer Badge

Badge requirements



1. Do a racing dive and swim 50m using a racing stroke.
2. Swim 50m using a different stroke.
3. Be able to tread water for TWO minutes in salt water or ONE minute in fresh water.
4. Be able to float on your back for SIXTY seconds in salt water or THIRTY seconds in fresh water.
5. Be able to "duck dive" (dive while standing in the water or swimming) and collect an item from a depth of at least 1.2m.
6. Explain the "[buddy system](#)" and basic rules for safe swimming.

https://scoutwiki.scouts.org.za/index.php?title=Cub_Interest_Badges